**Stage: P4 Teachers: Mrs Aitken, Mrs Miele, Mrs Walker and Mrs Whitlee**

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| **Literacy**  **Factfile**  Write a factfile about yourself. Can you include 15 interesting facts?  **Story Openers**  Can you write a short story with the opening sentence:  *Cold and wet, tired and exhausted she made her way along the path through the forest.*  **Punctuate It**  **Can you add punctuation to the sentences below.**  on sunday she went to the park  my brothers dog is called Maisie  my mum has a cat he is called matt | **Numeracy and Maths**  **Sumdog**  Log into Sumdog to keep up your skills and earn lots of coins.  **Measurement**  Practise measuring to the nearest half centimetre with this game <https://www.topmarks.co.uk/maths-games/measuring-in-cm>  **Numeracy**  What needs to be added to these numbers to make  100 or 1000?  63  48  12  27 | **Health and Wellbeing**  **Mindfulness**  Try some mindfulness and super power listening with this cosmic yoga video.  <https://www.youtube.com/watch?v=jJ9zpRAPIuI>  **Shuttle Runs**  Find a space in your house or garden where you can do some simple shuttle runs (running in a straight line between two markers). How many can you do in a minute? Keep track over the week and see if you can make a bar graph of your results. |
| **ICT/Technologies**  Try another challenge on <https://hourofcode.com/uk/learn>  **Online Safety**  It’s important to remember how to stay safe online when you are working at home. Check out <https://www.thinkuknow.co.uk/8_10/watch/> where you can watch some videos and play some games to remind you about this. | **Religious and Moral Education**  Discuss what you would do in these moral dilemmas:   * You know your friend has cheated in a test * You break one of your Mum’s special ornaments. * You have been invited to two parties on the same night. | **Cross Curricular**  **French**  Draw a rainbow which is a symbol of hope and happiness during the Coronavirus lockdown. Label the colours in French.  **Drama**  <https://www.youtube.com/watch?v=CBluwz24ATU> Try out some of these games from Rattle and Roll performance at home. |
| **Social Skills (Helping at home)**  Monday 18th is “No Dirty Dishes” day. Help out in your house this week with washing the dishes or loading the dishwasher so they don’t pile up. | **Art and Design**  **Still Life**  Choose an object in your house to draw. This could be a toy, a piece of fruit or maybe a plant. Sketch is as accurately as you can in pencil paying attention to light and shade. | **Science**  **Birds**  Spend some time bird spotting from your window or out in your garden. How many different types can you see? Can you use the internet to find out their names? |